

**Are you concerned about your teen using  
drugs or alcohol?**

**Confused about what different street  
names mean?**

**Do you want to learn more about drugs  
and alcohol?**

**Wondering how you can support your  
teen to make healthy choices?**



## **YOUTH & SUBSTANCE USE: A CRASH COURSE FOR PARENTS & CAREGIVERS**

**An ARC Programs Drug & Alcohol  
Counsellor will facilitate discussion about:**

Basic drug education

How drugs affect the brain and body

Why teens are using drugs and alcohol

How you can help your teen stay safe

Harm Reduction & Treatment

To register for one or more sessions please email Kristi Field  
at [kfield@arcprograms.com](mailto:kfield@arcprograms.com)



**DECEMBER 18**

**6 – 7:30PM**

**MARIJUANA &  
LEGALIZATION**

**JANUARY 22**

**6 – 7:30PM**

**PILLS & POWDERS  
(COCAINE, XANAX,  
MOLLY)**

**FEBRUARY 19**

**6 – 7:30PM**

**UNDERSTANDING  
ADDICTION**

**MARCH 19**

**6 – 7:30PM**

**MARIJUANA &  
LEGALIZATION**

### **FOUNDRY KELOWNA**

100-1815 Kirschner Road  
Kelowna, BC

6:00 – 7:30pm  
Third Tuesday Ever Month

[www.arcprograms.com](http://www.arcprograms.com)